



Middle School November 2025

EVERY DAY SELECTS & SUPER FOOD

Served Daily Triple Decker Peanut Butter and Jelly Assorted Fruit Parfait Menu is subject to change	For Nutrition information https://longbranch.nutrislice.com/menu			
<u>11/3</u> <u>SCHOOL CLOSED</u> <u>FALL BREAK</u>	11/4 <u>SCHOOL CLOSED</u> <u>FALL BREAK</u>	11/5 <u>SCHOOL CLOSED</u> <u>FALL BREAK</u>	11/6 <u>SCHOOL CLOSED</u> <u>FALL BREAK</u>	11/7 <u>SCHOOL CLOSED</u> <u>FALL BREAK</u>
11/10 <u>EveryDay Select</u> Crispy Chicken or Chicken Katsu Sandwich Crispy Fries <u>Super Food</u> Deli Stackable Bento Box Chef Salad w/ Roll Crispy Chicken Wrap	11/11 <u>Ever Day Select</u> Cheese, Pepperoni & Supreme Pizza <u>Super Food</u> Healthy Hummus Bento Box Hearty Garden Salad w/ Cheese & Roll Chicken Caesar Wrap	11/12 <u>EveryDay Select</u> Crispy Chicken or Katsu Chicken Patty on a Bun w/ Fries <u>Super Food</u> Tokyo Teriyaki Noodle Bowl Crispy Chicken Salad w/ Roll Buffalo Chicken Wrap	11/13 <u>Ever Day Select</u> Hamburger or Cheeseburger On a Bun w/ Fries <u>Super Food</u> Power UP Bento Box Chicken Caesar Salad w/ Roll Hummus & Veggie Wrap	11/14 <u>Everyday Select</u> Cheese, Pumpkin Alfredo & Meat lovers Pizza <u>Super Food</u> Chip Dip Bento Box Fiesta Garden Salad w/ Roll Chicken Caesar Wrap Falafel Sandwich
11/17 <u>Everyday Select</u> Golden Grilled Cheese Crispy Fries <u>Super Food</u> Deli Stackable Bento Box Chef Salad w/ Roll Crispy Chicken Wrap	11/18 <u>Everyday Select</u> Cheese, Pepperoni & Buffalo Chicken Pizza <u>Super Food</u> Spicy Turkey Sub Hearty Garden Salad w/ Cheese & Roll Chicken Caesar Wrap	11/19 <u>Everyday Select</u> Regular or Katsu Chicken Patty on a Bun w/ Fries <u>Super Food</u> Tokyo Teriyaki Noodle Bowl Crispy Chicken Salad w/ Roll Buffalo Chicken Wrap	11/20 <u>Everyday Select</u> Hamburger or Cheeseburger On a Bun w/ Fries <u>Super Food</u> Power UP Bento Box Chicken Caesar Salad w/ Roll Hummus & Veggie Wrap	11/21 <u>Everyday Select</u> Cheese, Pumpkin Alfredo & Margherita Pizza <u>Super Food</u> Chip Dip Bento Box Fiesta Garden Salad w/ Roll Chicken Caesar Wrap Falafel Sandwich
11/24 <u>Everyday Select</u> Crispy Chicken or Chicken Katsu Sandwich Crispy Fries <u>Super Food</u> Deli Stackable Bento Box Chef Salad w/ Roll Crispy Chicken Wrap	11/25 <u>Everyday Select</u> Cheese, Pepperoni & Supreme Pizza <u>Super Food</u> Healthy Hummus Bento Box Hearty Garden Salad w/ Cheese & Roll Chicken Caesar Wrap	11/26 <u>Everyday Select</u> Regular or Katsu Chicken Patty on a Bun w/ Fries <u>Super Food</u> Tokyo Teriyaki Noodle Bowl Crispy Chicken Salad w/ Roll Buffalo Chicken Wrap	11/27 <u>SCHOOL CLOSED</u> <u>THANKSGIVING</u>	11/28 <u>SCHOOL CLOSED</u> <u>THANKSGIVING</u>

SIDES OFFERED DAILY WITH LUNCH CHOICES

Assorted Fresh Fruits and Vegetables, Assorted Low Fat and Skim Milk
Assorted 100% Fruit Juice

This institution is an equal opportunity provider